

Practice Series



Living Connection

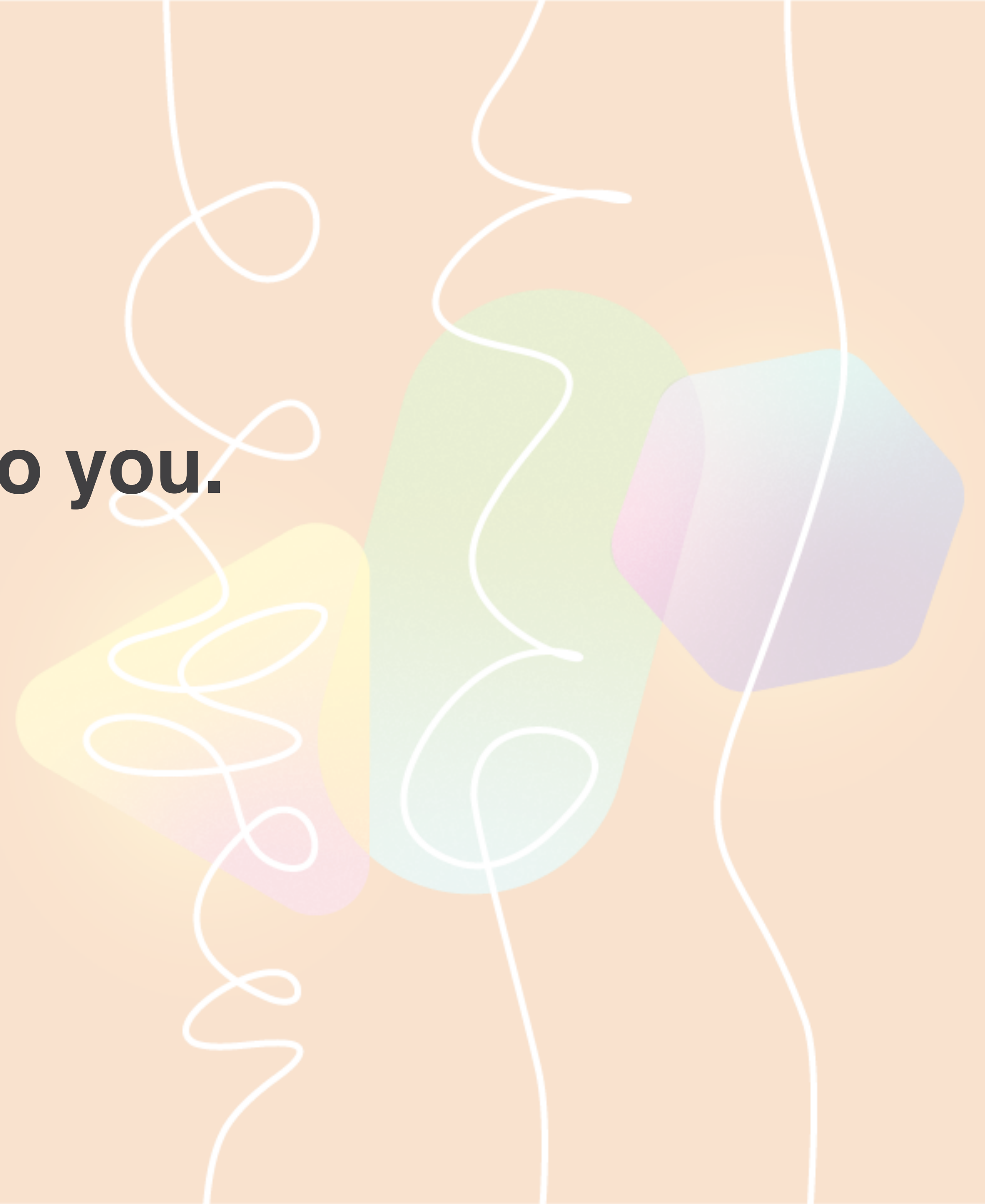
Practices of Prayer

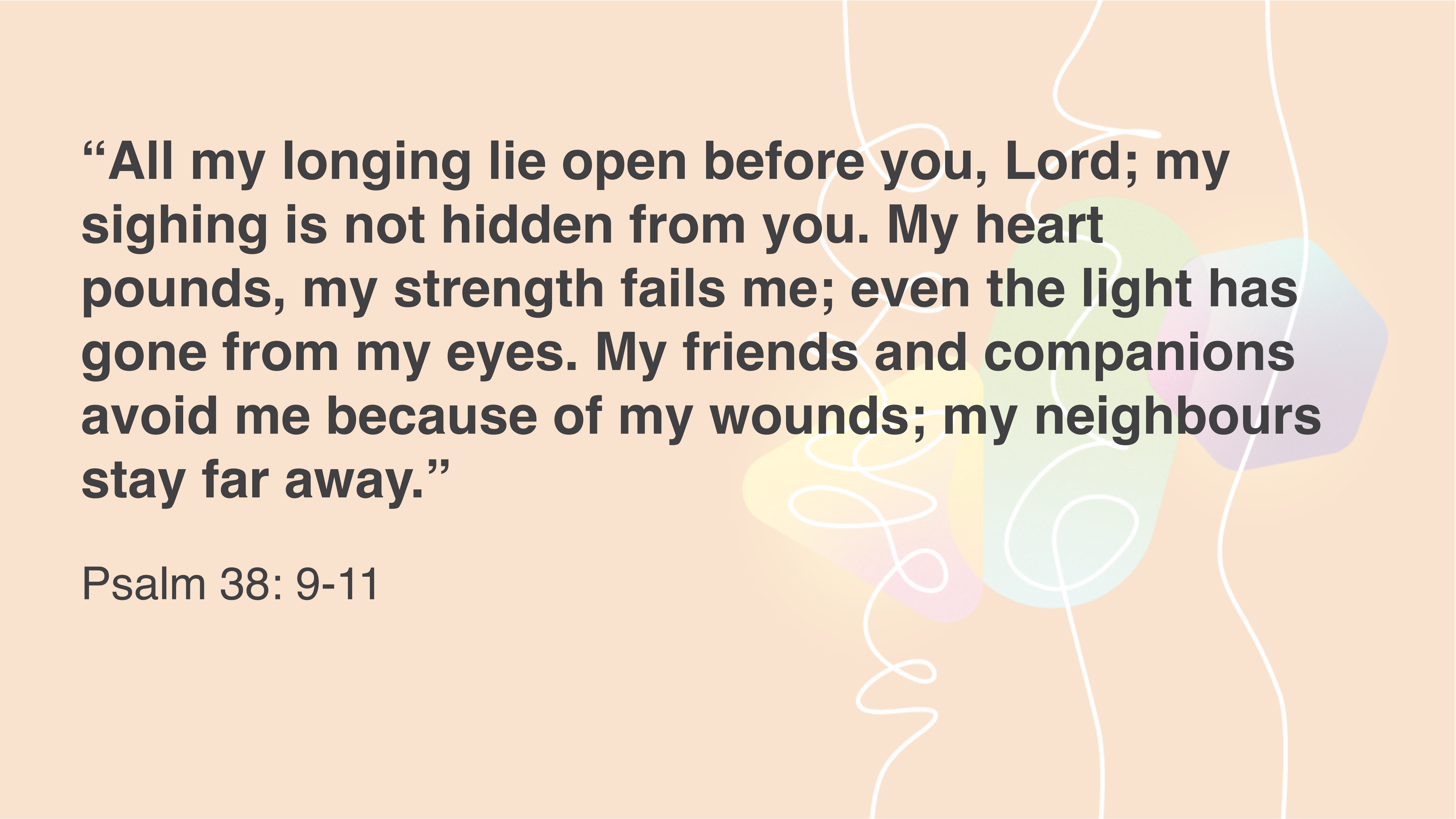




**“Out of the depths I cry to you.
Lord, hear my voice.”**

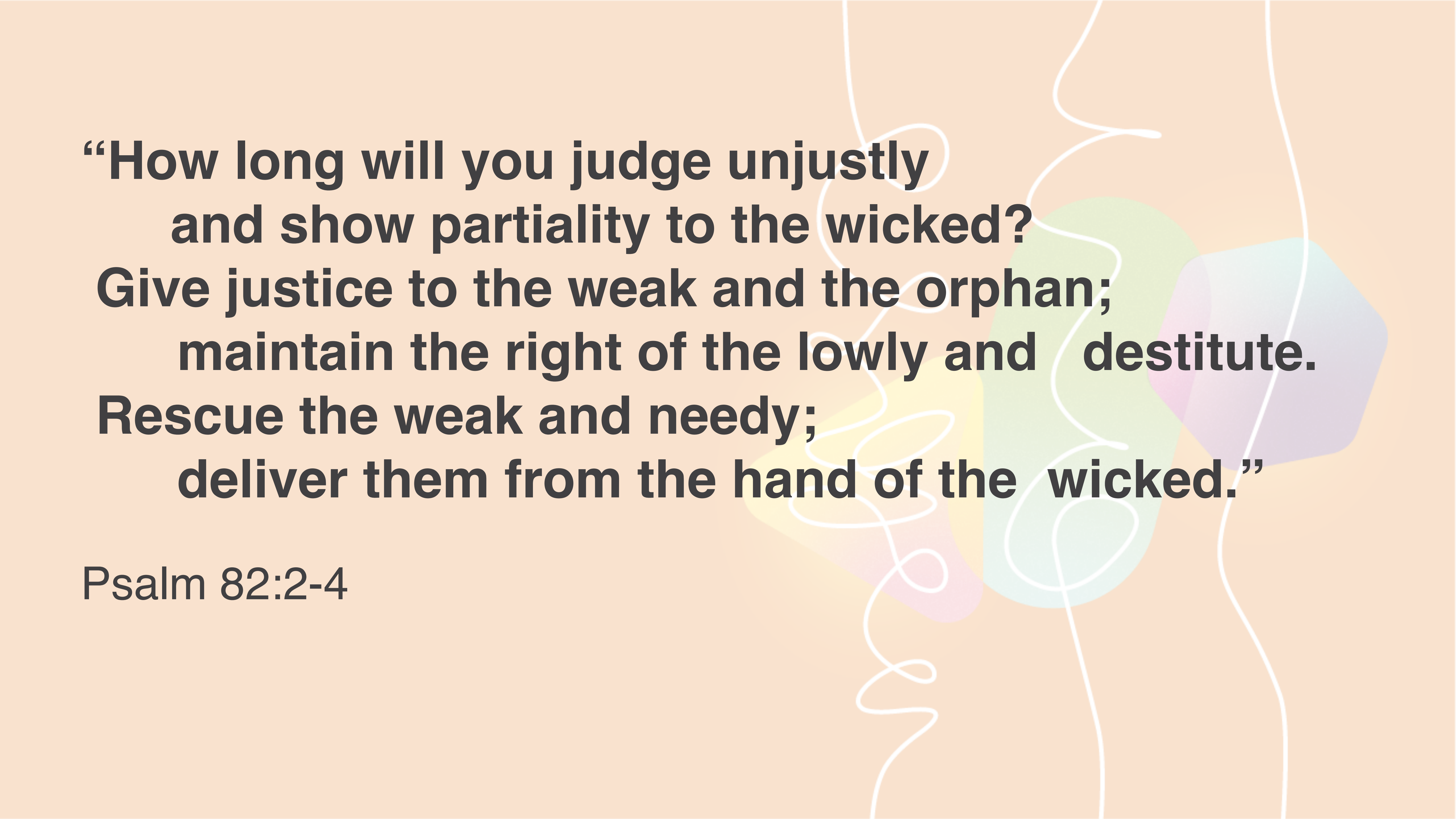
Psalm 130: 1-2a



The background is a solid light orange color. Overlaid on this are several overlapping, semi-transparent pastel shapes in shades of yellow, light green, light blue, and light purple. White, thin, wavy lines are scattered across the background, some forming loops and others as simple curves.

“All my longing lie open before you, Lord; my sighing is not hidden from you. My heart pounds, my strength fails me; even the light has gone from my eyes. My friends and companions avoid me because of my wounds; my neighbours stay far away.”

Psalm 38: 9-11

The background is a solid light orange color. It features several overlapping, semi-transparent pastel shapes: a large light green circle, a light blue circle, a light purple circle, and a light yellow circle. White, thin, wavy lines are scattered across the background, some forming loops and others as straight paths.

**“How long will you judge unjustly
and show partiality to the wicked?
Give justice to the weak and the orphan;
maintain the right of the lowly and destitute.
Rescue the weak and needy;
deliver them from the hand of the wicked.”**

Psalm 82:2-4

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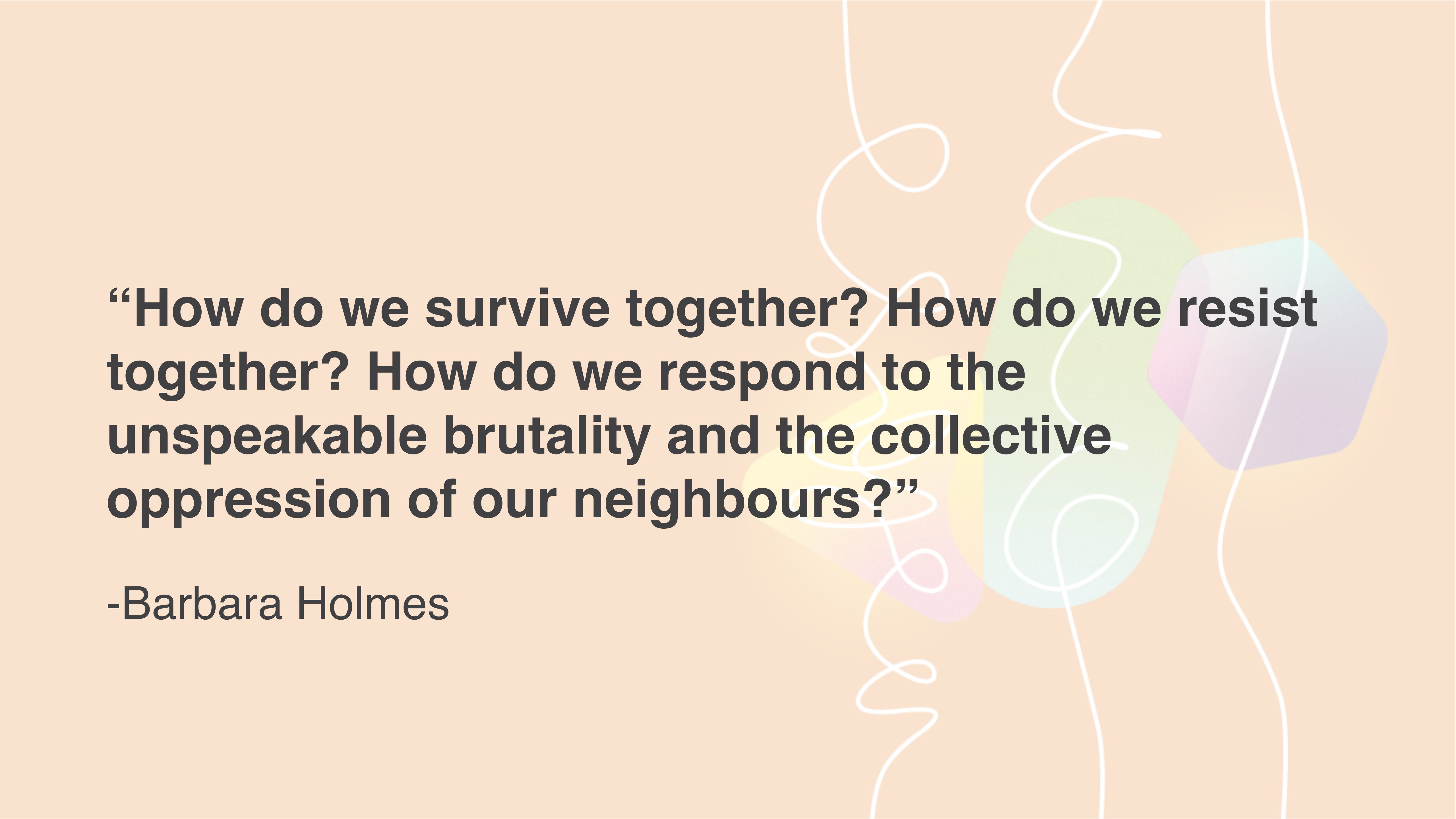
Practices of Prayer



VIGIL FOR PEACE

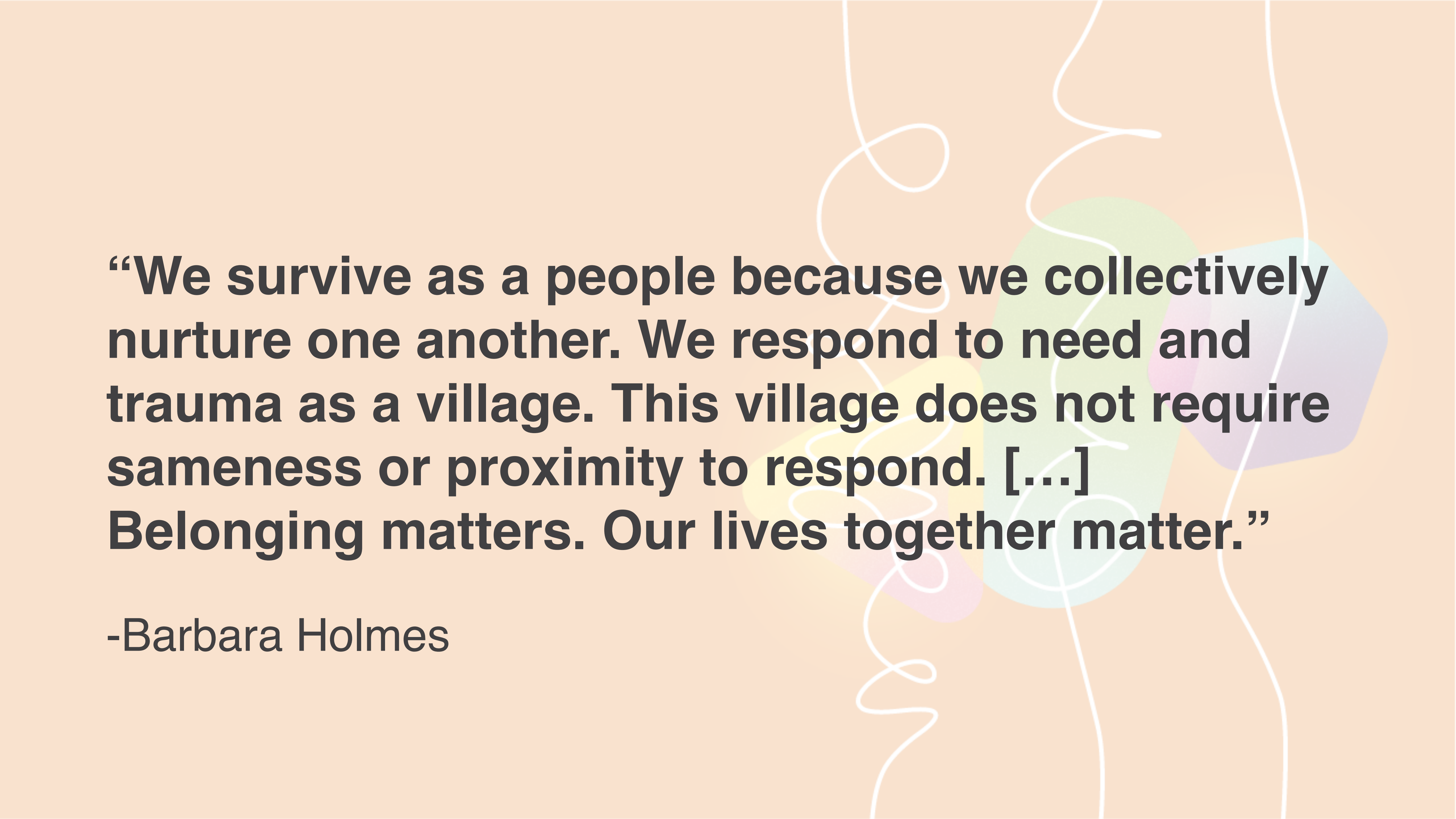
*in response to the violence
in Palestine and Israel*



The background is a solid light orange color. It features several overlapping, semi-transparent pastel shapes: a large light green shape, a light blue shape, a light pink shape, and a light yellow shape. These shapes are arranged in a way that they overlap each other. Overlaid on these shapes and the background are several thin, white, wavy lines that meander across the image, creating a sense of movement and organic form.

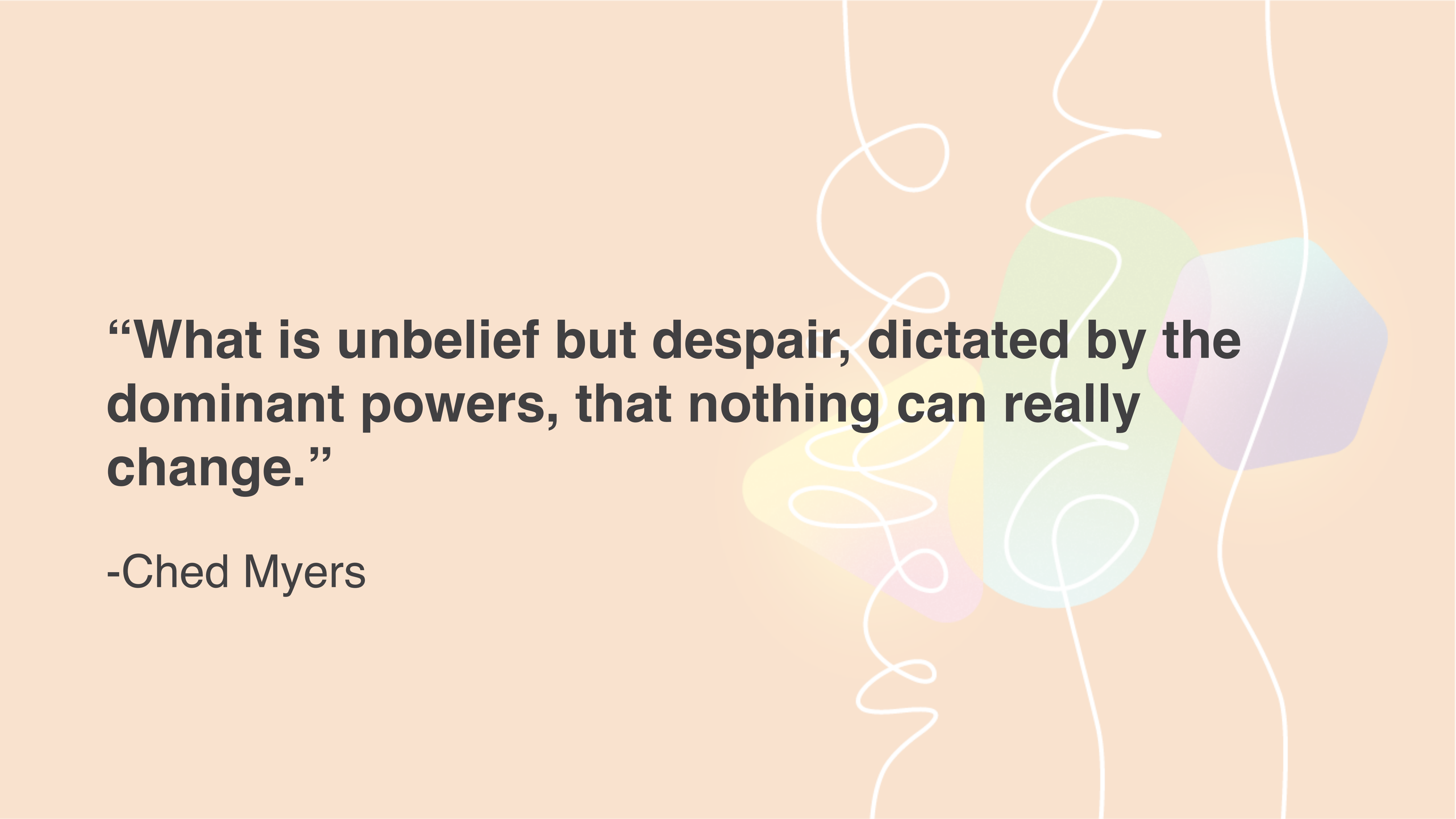
“How do we survive together? How do we resist together? How do we respond to the unspeakable brutality and the collective oppression of our neighbours?”

-Barbara Holmes

The background is a solid light orange color. It features several overlapping circles in muted colors: a large light green circle, a medium light blue circle, a small light pink circle, and a small light yellow circle. White, thin, wavy lines are scattered across the background, some forming loops and others as simple curves.

“We survive as a people because we collectively nurture one another. We respond to need and trauma as a village. This village does not require sameness or proximity to respond. [...] Belonging matters. Our lives together matter.”

-Barbara Holmes

The background is a solid light orange color. On the right side, there are several overlapping, semi-transparent pastel shapes: a yellow one at the bottom left, a pink one below it, a light green one in the center, and a light blue/purple one on the right. White, thin, wavy lines are scattered across the background, some looping around the pastel shapes.

“What is unbelief but despair, dictated by the dominant powers, that nothing can really change.”

-Ched Myers



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When Herod realized that he had been outwitted by the Magi, he was furious, and he gave orders to kill all the boys in Bethlehem and its vicinity who were two years old and under, in accordance with the time he had learned from the Magi. Then what was said through the prophet Jeremiah was fulfilled:

**“A voice is heard in Ramah,
weeping and great mourning,
Rachel weeping for her children
and refusing to be comforted,
because they are no more.”**

Matthew 2: 16-18



GOD HEARS

**“The righteous cry out, and the LORD hears them,
he delivers them from all their troubles. The
LORD is close to the brokenhearted and saves
those who are crushed in spirit.”**

Psalm 34: 17-18

THE SUFFERING SERVANT

**“He was despised and rejected by others;
a man of suffering and acquainted with grief; and
as one from whom others hide their faces
he was despised, and we held him of no account.
Surely he has borne our infirmities and carried our
diseases; yet we accounted him stricken, struck
down by God, and afflicted.”**

Isaiah 53: 3-4

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ADDRESS

God of Life; Great Spirit; O Christ...

HONEST EXPRESSION

Anger; sadness; confusion...

PROTEST

Ask; implore; intercede...

REMEMBRANCE / TRUST / COMMITMENT

May it be so...



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